



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Schwinger, Maik

Total time: 4:00:19

Club: Gefechtsübungszentrum Heer / Bundeswehr
Number: 355

Speed: 10.49 km/h
Running performance: 5:42 min/km

Course: 42.20 km
Marathon

Rank in course/Total: 38 (of 292)

Rank in course/Men: 38 (of 267)

Best time in course: 3:13:29

Category:
Männer M20

Rank in category: 7(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:06:16	5:18	6	9:26	28	12:24	12.50	1:06:16	5:18	24			33	
Lap 2	10.55	1:01:25	5:49	12	9:56	64	13:39	23.05	2:07:41	5:32	24			38	
Lap 3	10.55	1:15:58	7:12	18	20:44	145	27:39	33.60	3:23:39	6:03	21			33	50:42
Last lap Finish	8.60	36:40	4:15	1	-	1	-	42.20	4:00:19	5:41	9	32:58		50	2:57:02