



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kegler, Lars

Club: Burgstädt LV
Number: 158

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:00:45

Speed: 10.47 km/h
Running performance: 5:43 min/km

Rank in course/Total: 39 (of 292)

Rank in course/Men: 39 (of 267)

Best time in course: 3:13:29

Rank in category: 8(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 12.50 | 1:04:08 | 5:07 | 4 | 7:18 | 25 | 10:16 | 12.50 | 1:04:08 | 5:07 | 23 | | | 34 | |
| Lap 2 | 10.55 | 54:02 | 5:07 | 3 | 2:33 | 16 | 6:16 | 23.05 | 1:58:10 | 5:07 | 23 | | | 39 | |
| Lap 3 | 10.55 | 59:10 | 5:36 | 2 | 3:56 | 20 | 10:51 | 33.60 | 2:57:20 | 5:16 | 20 | | | 34 | 24:23 |
| Last lap Finish | 8.60 | 1:03:25 | 7:22 | 20 | 26:45 | 165 | 26:45 | 42.20 | 4:00:45 | 5:42 | 10 | 33:24 | | 51 | 2:57:28 |