



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Hebich, Thomas

Club: TSG Maxdorf
Number: 121

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:02:14

Speed: 10.40 km/h
Running performance: 5:44 min/km

Rank in course/Total: 43 (of 292)

Rank in course/Men: 43 (of 267)

Best time in course: 3:13:29

Rank in category: 6(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:10:04	5:36	14	13:14	60	16:12	12.50	1:10:04	5:36	29			38	1:49
Lap 2	10.55	58:06	5:30	8	8:48	33	10:20	23.05	2:08:10	5:33	29			43	
Lap 3	10.55	1:01:50	5:51	6	8:26	36	13:31	33.60	3:10:00	5:39	29			37	37:03
Last lap Finish	8.60	52:14	6:04	10	10:38	57	15:34	42.20	4:02:14	5:44	6	40:08		55	2:58:57