



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Fiege, Jens

Club: TSG Maxdorf
Number: 79

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:03:48

Speed: 10.34 km/h
Running performance: 5:47 min/km

Rank in course/Total: 45 (of 292)

Rank in course/Men: 44 (of 267)

Best time in course: 3:13:29

Rank in category: 6(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:08:07	5:26	6	9:34	47	14:15	12.50	1:08:07	5:26	18			39	
Lap 2	10.55	59:56	5:40	8	8:35	51	12:10	23.05	2:08:03	5:33	18			44	
Lap 3	10.55	1:04:20	6:05	8	8:11	46	16:01	33.60	3:12:23	5:43	17			38	39:26
Last lap Finish	8.60	51:25	5:58	6	6:16	51	14:45	42.20	4:03:48	5:46	8	59:17		56	3:00:31