



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kiczynski, Marcel

Club: TTR 08
Number: 162

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:07:05

Speed: 10.20 km/h
Running performance: 5:52 min/km

Rank in course/Total: 52 (of 292)

Rank in course/Men: 51 (of 267)

Best time in course: 3:13:29

Rank in category: 8(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:15:29	6:02	16	16:56	129	21:37	12.50	1:15:29	6:02	16	3:25	46	7:14
Lap 2	10.55	59:42	5:39	7	8:21	48	11:56	23.05	2:15:11	5:51	16		51	3:33
Lap 3	10.55	59:27	5:38	3	3:18	21	11:08	33.60	3:14:38	5:47	15		45	41:41
Last lap Finish	8.60	52:27	6:05	8	7:18	60	15:47	42.20	4:07:05	5:51	10	1:02:34	63	3:03:48