



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Reinhard, Graziella

Club: Allschwill/ CH
Number: 284

Course: 42.20 km
Marathon

Category:
Frauen W45

Total time: 4:08:12

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 55 (of 292)

Rank in course/Women: 2 (of 25)

Best time in course: 4:02:42

Rank in category: 1(of 8)

Best time in the category: 4:08:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	12.50	1:13:10	5:51	1	-	4	5:01	12.50	1:13:10	5:51	1	-	25	
Lap 2	10.55	1:02:04	5:52	1	-	2	2:16	23.05	2:15:14	5:52	1	-	1	-
Lap 3	10.55	1:03:54	6:03	1	-	1	-	33.60	3:19:08	5:55	1	-	24	
Last lap Finish	8.60	49:04	5:42	1	-	1	-	42.20	4:08:12	5:52	1	-	2	5:30