



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Dettwiler, Andy

Club: Allschwill
Number: 58

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:08:13

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 56 (of 292)

Rank in course/Men: 54 (of 267)

Best time in course: 3:13:29

Rank in category: 8(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:12:08	5:46	14	12:43	85	18:16	12.50	1:12:08	5:46	38		49	3:53
Lap 2	10.55	1:01:44	5:51	11	6:44	67	13:58	23.05	2:13:52	5:48	37		54	2:14
Lap 3	10.55	1:02:57	5:58	6	14:38	42	14:38	33.60	3:16:49	5:51	31		48	43:52
Last lap Finish	8.60	51:24	5:58	7	8:44	50	14:44	42.20	4:08:13	5:52	11	57:12	66	3:04:56