



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Buschow, Uwe

Club: TV Echzell
 Number: 50

Course: 21.10 km
 Halbmarathon

Category:
 Männer M45

Total time: 2:04:13

Speed: 10.14 km/h
 Running performance: 5:53 min/km

Rank in course/Total: 11 (of 61)

Rank in course/Men: 11 (of 50)

Best time in course: 1:46:02

Rank in category: 2(of 8)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:12:54	5:49	2	0:24	11	8:44	12.50	1:12:54	5:49	2	0:24	35	
Last lap Finish	8.60	51:19	5:58	2	3:23	13	9:27	21.10	2:04:13	5:53	2	3:47	11	18:11