



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Tschapka, Frank

Club: Magdeburg
Number: 389

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:13:15

Speed: 9.95 km/h
Running performance: 6:00 min/km

Rank in course/Total: 58 (of 292)

Rank in course/Men: 56 (of 267)

Best time in course: 3:13:29

Rank in category: 10(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:07:49	5:25	10	10:59	42	13:57	12.50	1:07:49	5:25	34			53	
Lap 2	10.55	1:03:48	6:02	18	14:30	85	16:02	23.05	2:11:37	5:42	34			58	
Lap 3	10.55	1:08:54	6:31	13	15:30	77	20:35	33.60	3:20:31	5:58	33			50	47:34
Last lap Finish	8.60	52:44	6:07	13	11:08	65	16:04	42.20	4:13:15	6:00	11	51:09		70	3:09:58