



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Theuer, Andreas

Club: trisporthavelse
Number: 383

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:15:11

Speed: 9.88 km/h
Running performance: 6:03 min/km

Rank in course/Total: 63 (of 292)

Rank in course/Men: 61 (of 267)

Best time in course: 3:13:29

Rank in category: 17(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:07:45	5:25	8	13:03	40	13:53	12.50	1:07:45	5:25	50			58	
Lap 2	10.55	59:07	5:36	10	9:31	44	11:21	23.05	2:06:52	5:30	59			63	
Lap 3	10.55	1:06:26	6:17	17	10:36	55	18:07	33.60	3:13:18	5:45	53			55	40:21
Last lap Finish	8.60	1:01:53	7:11	36	21:14	151	25:13	42.20	4:15:11	6:02	20	3:11:54		75	3:11:54