



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Pallauf, Michael

Club: Penzberg
Number: 248

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:15:47

Speed: 9.85 km/h
Running performance: 6:04 min/km

Rank in course/Total: 66 (of 292)

Rank in course/Men: 64 (of 267)

Best time in course: 3:13:29

Rank in category: 12(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	12.50	1:14:28	5:57	23	17:38	112	20:36	12.50	1:14:28	5:57	36		61	6:13
Lap 2	10.55	1:00:12	5:42	10	10:54	52	12:26	23.05	2:14:40	5:50	36		66	3:02
Lap 3	10.55	1:05:02	6:09	8	11:38	50	16:43	33.60	3:19:42	5:56	35		58	46:45
Last lap Finish	8.60	56:05	6:31	19	14:29	98	19:25	42.20	4:15:47	6:03	13	53:41	78	3:12:30