



## 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

### Detailed evaluation

Guth, Thomas

Club: BSG Sparkasse Ulm  
Number: 110

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 4:16:27

Speed: 9.83 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 68 (of 292)

Rank in course/Men: 66 (of 267)

Best time in course: 3:13:29

Rank in category: 18(of 64)

Best time in the category: 3:25:37

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:11:31	5:43	18	16:49	74	17:39	12.50	1:11:31	5:43	51		63	3:16
Lap 2	10.55	1:04:14	6:05	22	14:38	90	16:28	23.05	2:15:45	5:53	47		68	4:07
Lap 3	10.55	1:07:57	6:26	21	12:07	70	19:38	33.60	3:23:42	6:03	42		60	50:45
Last lap Finish	8.60	52:45	6:08	21	12:06	67	16:05	42.20	4:16:27	6:04	21	3:13:10	80	3:13:10