



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Pazina, Swen

Club: Die Otternasen
Number: 253

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:21:53

Speed: 9.62 km/h
Running performance: 6:13 min/km

Rank in course/Total: 77 (of 292)

Rank in course/Men: 75 (of 267)

Best time in course: 3:13:29

Rank in category: 16(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:12:25	5:47	19	15:35	89	18:33	12.50	1:12:25	5:47	40		73	4:10
Lap 2	10.55	1:02:22	5:54	14	13:04	73	14:36	23.05	2:14:47	5:50	40		78	3:09
Lap 3	10.55	1:09:29	6:35	16	16:05	83	21:10	33.60	3:24:16	6:04	39		69	51:19
Last lap Finish	8.60	57:37	6:41	21	16:01	113	20:57	42.20	4:21:53	6:12	17	59:47	90	3:18:36