



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Mild, Gottfried

Club: MSC Rogner Bad Blumau
Number: 222

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:23:24

Speed: 9.57 km/h
Running performance: 6:14 min/km

Rank in course/Total: 80 (of 292)

Rank in course/Men: 78 (of 267)

Best time in course: 3:13:29

Rank in category: 17(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:14:09	5:55	22	17:19	109	20:17	12.50	1:14:09	5:55	41		45	5:54
Lap 2	10.55	1:03:46	6:02	17	14:28	84	16:00	23.05	2:17:55	5:59	41		81	6:17
Lap 3	10.55	1:11:52	6:48	21	18:28	101	23:33	33.60	3:29:47	6:14	40		72	56:50
Last lap Finish	8.60	53:37	6:14	15	12:01	73	16:57	42.20	4:23:24	6:14	18	1:01:18	93	3:20:07