



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Fecher, Stefan

Club: CF Marpingen
 Number: 102

Course: 42.20 km
 Marathon

Category:
 Männer M45

Total time: 4:23:53

Speed: 9.55 km/h
 Running performance: 6:15 min/km

Rank in course/Total: 83 (of 292)

Rank in course/Men: 80 (of 267)

Best time in course: 3:13:29

Rank in category: 13(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:12:13	5:46	15	12:48	86	18:21	12.50	1:12:13	5:46	44		78	3:58
Lap 2	10.55	1:07:35	6:24	26	12:35	129	19:49	23.05	2:19:48	6:03	43		83	8:10
Lap 3	10.55	1:08:38	6:30	17	20:19	76	20:19	33.60	3:28:26	6:12	36		74	55:29
Last lap Finish	8.60	55:27	6:26	13	12:47	90	18:47	42.20	4:23:53	6:15	17	1:12:52	95	3:20:36