



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Raithel, Bernhard

Club: Krebsbacker
Number: 278

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:24:39

Speed: 9.52 km/h
Running performance: 6:16 min/km

Rank in course/Total: 85 (of 292)

Rank in course/Men: 82 (of 267)

Best time in course: 3:13:29

Rank in category: 11(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:11:27	5:42	12	14:37	73	17:35	12.50	1:11:27	5:42	20		80	3:12
Lap 2	10.55	1:01:03	5:47	10	9:34	58	13:17	23.05	2:12:30	5:44	20		85	0:52
Lap 3	10.55	1:09:25	6:34	9	14:11	81	21:06	33.60	3:21:55	6:00	17		76	48:58
Last lap Finish	8.60	1:02:44	7:17	19	26:04	160	26:04	42.20	4:24:39	6:16	13	57:18	97	3:21:22