



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Dilling, Matthias

Club: Bad Freienwalde
Number: 61

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:24:49

Speed: 9.52 km/h
Running performance: 6:17 min/km

Rank in course/Total: 86 (of 292)

Rank in course/Men: 83 (of 267)

Best time in course: 3:13:29

Rank in category: 12(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:10:47	5:39	10	13:57	66	16:55	12.50	1:10:47	5:39	19		81	2:32
Lap 2	10.55	1:04:24	6:06	13	12:55	92	16:38	23.05	2:15:11	5:51	19		51	3:33
Lap 3	10.55	1:12:50	6:54	13	17:36	117	24:31	33.60	3:28:01	6:11	16		77	55:04
Last lap Finish	8.60	56:48	6:36	15	20:08	105	20:08	42.20	4:24:49	6:16	14	57:28	98	3:21:32