



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Mühlbacher, Ambros**

Club: TriRun Linz  
Number: 231

Course: 42.20 km  
Marathon

Category:  
Männer M50

Total time: 4:25:55

Speed: 9.48 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 87 (of 292)

Rank in course/Men: 84 (of 267)

Best time in course: 3:13:29

Rank in category: 6(of 26)

Best time in the category: 3:26:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:14:54	5:59	8	14:28	115	21:02	12.50	1:14:54	5:59	21		82	6:39
Lap 2	10.55	1:05:55	6:14	8	14:35	115	18:09	23.05	2:20:49	6:06	21		87	9:11
Lap 3	10.55	1:10:24	6:40	7	16:42	94	22:05	33.60	3:31:13	6:17	19		78	58:16
Last lap Finish	8.60	54:42	6:21	8	16:08	83	18:02	42.20	4:25:55	6:18	7	1:03:09	99	3:22:38