



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kunze, Michael

Club: Kassel
Number: 192

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:26:45

Speed: 9.45 km/h
Running performance: 6:19 min/km

Rank in course/Total: 90 (of 292)

Rank in course/Men: 87 (of 267)

Best time in course: 3:13:29

Rank in category: 12(of 24)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:17:30	6:12	19	18:57	157	23:38	12.50	1:17:30	6:12	12	5:26	85	9:15
Lap 2	10.55	1:03:22	6:00	11	12:01	81	15:36	23.05	2:20:52	6:06	8	4:14	90	9:14
Lap 3	10.55	1:08:36	6:30	11	12:27	74	20:17	33.60	3:29:28	6:14	1	-	81	56:31
Last lap Finish	8.60	57:17	6:39	13	12:08	109	20:37	42.20	4:26:45	6:19	14	1:22:14	102	3:23:28