



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Quitschorek, Martin**

Club: LAC Veltins Hochsauerland  
Number: 276

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 2:08:15

Speed: 9.82 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 15 (of 61)

Rank in course/Men: 15 (of 50)

Best time in course: 1:46:02

Rank in category: 3(of 11)

Best time in the category: 1:59:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:15:46	6:03	4	4:41	17	11:36	12.50	1:15:46	6:03	3	4:41	39		
Last lap Finish	8.60	52:29	6:06	4	4:18	19	10:37	21.10	2:08:15	6:04	3	8:59	15	22:13	