



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Schwan, Stefan

Club: Halle
Number: 351

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:27:35

Speed: 9.42 km/h
Running performance: 6:20 min/km

Rank in course/Total: 94 (of 292)

Rank in course/Men: 91 (of 267)

Best time in course: 3:13:29

Rank in category: 13(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	12.50	1:12:32	5:48	13	13:59	93	18:40	12.50	1:12:32	5:48	11	0:28	89	4:17
Lap 2	10.55	1:05:15	6:11	16	13:54	106	17:29	23.05	2:17:47	5:58	11	1:09	94	6:09
Lap 3	10.55	1:12:21	6:51	15	16:12	109	24:02	33.60	3:30:08	6:15	10	0:40	85	57:11
Last lap Finish	8.60	57:27	6:40	15	12:18	111	20:47	42.20	4:27:35	6:20	15	1:23:04	106	3:24:18