



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Laschinsky, Peter

Club: Pirnaer Ruderverein
Number: 195

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:27:45

Speed: 9.41 km/h
Running performance: 6:21 min/km

Rank in course/Total: 96 (of 292)

Rank in course/Men: 93 (of 267)

Best time in course: 3:13:29

Rank in category: 15(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	12.50	1:11:43	5:44	13	14:53	75	17:51	12.50	1:11:43	5:44	16	-	91	3:28
Lap 2	10.55	1:07:45	6:25	19	16:16	133	19:59	23.05	2:19:28	6:03	16	-	96	7:50
Lap 3	10.55	1:13:54	7:00	14	18:40	123	25:35	33.60	3:33:22	6:21	1	-	87	1:00:25
Last lap Finish	8.60	54:23	6:19	12	17:43	80	17:43	42.20	4:27:45	6:20	17	1:00:24	108	3:24:28