



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Wolfgramm, Klaus

Club: RC-Endspurt
Number: 430

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:27:50

Speed: 9.41 km/h
Running performance: 6:21 min/km

Rank in course/Total: 98 (of 292)

Rank in course/Men: 95 (of 267)

Best time in course: 3:13:29

Rank in category: 7(of 26)

Best time in the category: 3:26:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:13:21	5:52	5	12:55	101	19:29	12.50	1:13:21	5:52	20		3	5:06
Lap 2	10.55	1:06:54	6:20	9	15:34	123	19:08	23.05	2:20:15	6:05	20		98	8:37
Lap 3	10.55	1:12:39	6:53	9	18:57	113	24:20	33.60	3:32:54	6:20	18		89	59:57
Last lap Finish	8.60	54:56	6:23	9	16:22	86	18:16	42.20	4:27:50	6:20	8	1:05:04	110	3:24:33