



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Meltzer, Olaf**

Club: Berlin  
Number: 213

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 4:28:27

Speed: 9.39 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 100 (of 292)

Rank in course/Men: 96 (of 267)

Best time in course: 3:13:29

Rank in category: 24(of 64)

Best time in the category: 3:25:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Lap 1	12.50	1:09:29	5:33	13	14:47	58	15:37	12.50	1:09:29	5:33	58		94	1:14
Lap 2	10.55	1:03:13	5:59	20	13:37	77	15:27	23.05	2:12:42	5:45	52		99	1:04
Lap 3	10.55	1:13:06	6:55	33	17:16	118	24:47	33.60	3:25:48	6:07	47		90	52:51
Last lap Finish	8.60	1:02:39	7:17	38	22:00	159	25:59	42.20	4:28:27	6:21	28	3:25:10	111	3:25:10