



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Meltzer, Olaf

Club: Berlin
Number: 213

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:28:27

Speed: 9.39 km/h
Running performance: 6:22 min/km

Rank in course/Total: 100 (of 292)

Rank in course/Men: 96 (of 267)

Best time in course: 3:13:29

Rank in category: 24(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Behind | Total | | Pos | Behind | Pos | | Behind |
|-----------------|-------|---------|------|--------|--------|------|--------|-------|---------|------|--------|---------|------|---------|
| | km | Time | | | min/km | Cat. | | Men | Men | | | km | Time | |
| Lap 1 | 12.50 | 1:09:29 | 5:33 | 13 | 14:47 | 58 | 15:37 | 12.50 | 1:09:29 | 5:33 | 58 | | 94 | 1:14 |
| Lap 2 | 10.55 | 1:03:13 | 5:59 | 20 | 13:37 | 77 | 15:27 | 23.05 | 2:12:42 | 5:45 | 52 | | 99 | 1:04 |
| Lap 3 | 10.55 | 1:13:06 | 6:55 | 33 | 17:16 | 118 | 24:47 | 33.60 | 3:25:48 | 6:07 | 47 | | 90 | 52:51 |
| Last lap Finish | 8.60 | 1:02:39 | 7:17 | 38 | 22:00 | 159 | 25:59 | 42.20 | 4:28:27 | 6:21 | 28 | 3:25:10 | 111 | 3:25:10 |