



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Böss, Wolfgang

Club: Creußen

Number: 41

Course: 42.20 km

Marathon

Category:

Männer M45

Total time: 4:31:36

Speed: 9.28 km/h

Running performance: 6:26 min/km

Rank in course/Total: 106 (of 292)

Rank in course/Men: 102 (of 267)

Best time in course: 3:13:29

Rank in category: 19(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:14:25	5:57	21	15:00	111	20:33	12.50	1:14:25	5:57	50		101	6:10
Lap 2	10.55	1:09:05	6:32	30	14:05	151	21:19	23.05	2:23:30	6:13	49		106	11:52
Lap 3	10.55	1:12:20	6:51	23	24:01	108	24:01	33.60	3:35:50	6:25	42		96	1:02:53
Last lap Finish	8.60	55:46	6:29	14	13:06	92	19:06	42.20	4:31:36	6:26	23	1:20:35	118	3:28:19