



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Schrickel, Andre

Club: WSV-Ilmenau
Number: 335

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:35:01

Speed: 9.16 km/h
Running performance: 6:31 min/km

Rank in course/Total: 118 (of 292)

Rank in course/Men: 113 (of 267)

Best time in course: 3:13:29

Rank in category: 26(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men							
Lap 1	12.50	1:09:01	5:31	9	9:36	54	15:09	12.50	1:09:01	5:31	2		112	0:46
Lap 2	10.55	1:03:03	5:58	13	8:03	75	15:17	23.05	2:12:04	5:43	2		117	0:26
Lap 3	10.55	1:19:22	7:31	36	31:03	175	31:03	33.60	3:31:26	6:17	2		106	58:29
Last lap Finish	8.60	1:03:35	7:23	37	20:55	167	26:55	42.20	4:35:01	6:31	30	1:24:00	129	3:31:44