



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

König, Lars

Club: TuS Neukölln Triathlon
Number: 174

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:35:14

Speed: 9.16 km/h
Running performance: 6:31 min/km

Rank in course/Total: 120 (of 292)

Rank in course/Men: 115 (of 267)

Best time in course: 3:13:29

Rank in category: 20(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 12.50 | 1:06:35 | 5:19 | 5 | 9:45 | 29 | 12:43 | 12.50 | 1:06:35 | 5:19 | 45 | | | 114 | |
| Lap 2 | 10.55 | 1:01:29 | 5:49 | 12 | 12:11 | 65 | 13:43 | 23.05 | 2:08:04 | 5:33 | 45 | | | 119 | |
| Lap 3 | 10.55 | 1:20:54 | 7:40 | 36 | 27:30 | 186 | 32:35 | 33.60 | 3:28:58 | 6:13 | 43 | | | 108 | 56:01 |
| Last lap Finish | 8.60 | 1:06:16 | 7:42 | 38 | 24:40 | 190 | 29:36 | 42.20 | 4:35:14 | 6:31 | 22 | 1:13:08 | | 131 | 3:31:57 |