



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Schulte-Zweckel, Michael**

Club: BSG WAZ Medien  
Number: 341

Course: 42.20 km  
Marathon

Category:  
Männer M45

Total time: 4:41:10

Speed: 8.96 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 141 (of 292)

Rank in course/Men: 135 (of 267)

Best time in course: 3:13:29

Rank in category: 29(of 57)

Best time in the category: 3:37:52

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 12.50       | 1:19:26       | 6:21            | 34          | 20:01          | 173         | 25:34         | 12.50         | 1:19:26       | 6:21            | 5           |                | 134        | 11:11         |
| Lap 2           | 10.55       | 1:11:13       | 6:45            | 35          | 16:13          | 177         | 23:27         | 23.05         | 2:30:39       | 6:32            | 5           | 0:52           | 139        | 19:01         |
| Lap 3           | 10.55       | 1:14:43       | 7:04            | 29          | 26:24          | 137         | 26:24         | 33.60         | 3:45:22       | 6:42            | 5           |                | 128        | 1:12:25       |
| Last lap Finish | 8.60        | 55:48         | 6:29            | 15          | 13:08          | 93          | 19:08         | 42.20         | 4:41:10       | 6:39            | 33          | 1:30:09        | 151        | 3:37:53       |