



8. Unter-Tage-Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

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Club: Halle  
 Number: 287

Course: 42.20 km  
 Marathon

Category:  
 Männer M50

Total time: 4:41:57

Speed: 8.94 km/h  
 Running performance: 6:41 min/km

Rank in course/Total: 146 (of 292)

Rank in course/Men: 139 (of 267)

Best time in course: 3:13:29

Rank in category: 10(of 26)

Best time in the category: 3:26:30

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Lap 1           | 12.50       | 1:17:01       | 6:09            | 12          | 16:35          | 147         | 23:09         | 12.50 | 1:17:01 | 6:09            | 17          | 0:41           | 138           | 8:46          |
| Lap 2           | 10.55       | 1:05:22       | 6:11            | 7           | 14:02          | 108         | 17:36         | 23.05 | 2:22:23 | 6:10            | 17          |                | 143           | 10:45         |
| Lap 3           | 10.55       | 1:11:40       | 6:47            | 8           | 17:58          | 97          | 23:21         | 33.60 | 3:34:03 | 6:22            | 15          |                | 132           | 1:01:06       |
| Last lap Finish | 8.60        | 1:07:54       | 7:53            | 18          | 29:20          | 198         | 31:14         | 42.20 | 4:41:57 | 6:40            | 11          | 1:19:11        | 155           | 3:38:40       |