



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Mihrmeister, Jan

Club: Ski-Club Buer
Number: 221

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:42:04

Speed: 8.93 km/h
Running performance: 6:41 min/km

Rank in course/Total: 147 (of 292)

Rank in course/Men: 140 (of 267)

Best time in course: 3:13:29

Rank in category: 17(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Lap 1	12.50	1:08:58	5:31	9	12:08	53	15:06	12.50	1:08:58	5:31	14		139	0:43
Lap 2	10.55	1:00:41	5:45	9	9:12	53	12:55	23.05	2:09:39	5:37	14		144	
Lap 3	10.55	1:14:11	7:01	17	18:57	132	25:52	33.60	3:23:50	6:03	11		133	50:53
Last lap Finish	8.60	1:18:14	9:05	29	41:34	244	41:34	42.20	4:42:04	6:41	19	1:14:43	156	3:38:47