



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

König, Fritz

Club: MSC Rogner Bad Blumau
Number: 172

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:42:55

Speed: 8.91 km/h
Running performance: 6:42 min/km

Rank in course/Total: 150 (of 292)

Rank in course/Men: 143 (of 267)

Best time in course: 3:13:29

Rank in category: 37(of 64)

Best time in the category: 3:25:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:14:06	5:55	26	19:24	108	20:14	12.50	1:14:06	5:55	9		142	5:51
Lap 2	10.55	1:03:49	6:02	21	14:13	86	16:03	23.05	2:17:55	5:59	9		81	6:17
Lap 3	10.55	1:11:56	6:49	27	16:06	102	23:37	33.60	3:29:51	6:14	9		136	56:54
Last lap Finish	8.60	1:13:04	8:29	53	32:25	219	36:24	42.20	4:42:55	6:42	41	3:39:38	159	3:39:38