



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

König, Michael

Club: ESV Gemünden
Number: 175

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:46:18

Speed: 8.80 km/h
Running performance: 6:47 min/km

Rank in course/Total: 162 (of 292)

Rank in course/Men: 152 (of 267)

Best time in course: 3:13:29

Rank in category: 20(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men							
Lap 1	12.50	1:18:14	6:15	24	21:24	162	24:22	12.50	1:18:14	6:15	11	6:25	150	9:59
Lap 2	10.55	1:15:50	7:11	25	24:21	219	28:04	23.05	2:34:04	6:41	11	14:32	156	22:26
Lap 3	10.55	1:12:31	6:52	12	17:17	110	24:12	33.60	3:46:35	6:44	8	13:13	145	1:13:38
Last lap Finish	8.60	59:43	6:56	17	23:03	135	23:03	42.20	4:46:18	6:47	22	1:18:57	168	3:43:01