



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Höpner, Jens

Club: Plauen
Number: 139

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:47:01

Speed: 8.78 km/h
Running performance: 6:48 min/km

Rank in course/Total: 165 (of 292)

Rank in course/Men: 154 (of 267)

Best time in course: 3:13:29

Rank in category: 38(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:22:05	6:33	52	27:23	204	28:13	12.50	1:22:05	6:33	10	7:06	152	13:50
Lap 2	10.55	1:13:30	6:58	50	23:54	200	25:44	23.05	2:35:35	6:44	10	9:47	158	23:57
Lap 3	10.55	1:16:32	7:15	40	20:42	153	28:13	33.60	3:52:07	6:54	10	6:28	147	1:19:10
Last lap Finish	8.60	54:54	6:23	24	14:15	84	18:14	42.20	4:47:01	6:48	42	3:43:44	170	3:43:44