



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Dittrich, Tomas**

Club: Klub harmonickeho zivota  
Number: 62

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 4:47:26

Speed: 8.77 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 167 (of 292)

Rank in course/Men: 156 (of 267)

Best time in course: 3:13:29

Rank in category: 40(of 64)

Best time in the category: 3:25:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:13:25	5:52	25	18:43	103	19:33	12.50	1:13:25	5:52	12		154	5:10
Lap 2	10.55	1:08:04	6:27	35	18:28	141	20:18	23.05	2:21:29	6:08	12		160	9:51
Lap 3	10.55	1:21:40	7:44	48	25:50	189	33:21	33.60	3:43:09	6:38	12		149	1:10:12
Last lap Finish	8.60	1:04:17	7:28	40	23:38	173	27:37	42.20	4:47:26	6:48	44	3:44:09	172	3:44:09