



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Dittrich, Tomas

Club: Klub harmonickeho zivota
Number: 62

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:47:26

Speed: 8.77 km/h
Running performance: 6:49 min/km

Rank in course/Total: 167 (of 292)

Rank in course/Men: 156 (of 267)

Best time in course: 3:13:29

Rank in category: 40(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | | | | | | | | | |
| Lap 1 | 12.50 | 1:13:25 | 5:52 | 25 | 18:43 | 103 | 19:33 | 12.50 | 1:13:25 | 5:52 | 12 | | 154 | 5:10 |
| Lap 2 | 10.55 | 1:08:04 | 6:27 | 35 | 18:28 | 141 | 20:18 | 23.05 | 2:21:29 | 6:08 | 12 | | 160 | 9:51 |
| Lap 3 | 10.55 | 1:21:40 | 7:44 | 48 | 25:50 | 189 | 33:21 | 33.60 | 3:43:09 | 6:38 | 12 | | 149 | 1:10:12 |
| Last lap Finish | 8.60 | 1:04:17 | 7:28 | 40 | 23:38 | 173 | 27:37 | 42.20 | 4:47:26 | 6:48 | 44 | 3:44:09 | 172 | 3:44:09 |