



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Mayr, Alexander

Club: Wangen
Number: 211

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:47:29

Speed: 8.77 km/h
Running performance: 6:49 min/km

Rank in course/Total: 168 (of 292)

Rank in course/Men: 157 (of 267)

Best time in course: 3:13:29

Rank in category: 41(of 64)

Best time in the category: 3:25:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:09:32	5:33	14	14:50	59	15:40	12.50	1:09:32	5:33	13		155	1:17
Lap 2	10.55	1:05:43	6:13	26	16:07	110	17:57	23.05	2:15:15	5:52	13		161	3:37
Lap 3	10.55	1:19:30	7:32	46	23:40	176	31:11	33.60	3:34:45	6:23	13		150	1:01:48
Last lap Finish	8.60	1:12:44	8:27	51	32:05	216	36:04	42.20	4:47:29	6:48	45	3:44:12	173	3:44:12