



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kalitzsch, Lutz

Club: Triathlonfreunde Wittenberg
Number: 153

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:48:17

Speed: 8.74 km/h
Running performance: 6:50 min/km

Rank in course/Total: 171 (of 292)

Rank in course/Men: 159 (of 267)

Best time in course: 3:13:29

Rank in category: 13(of 26)

Best time in the category: 3:26:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men							
Lap 1	12.50	1:16:20	6:06	10	15:54	135	22:28	12.50	1:16:20	6:06	1	-	157	8:05
Lap 2	10.55	1:13:16	6:56	19	21:56	198	25:30	23.05	2:29:36	6:29	1	-	163	17:58
Lap 3	10.55	1:18:49	7:28	14	25:07	168	30:30	33.60	3:48:25	6:47	1	-	152	1:15:28
Last lap Finish	8.60	59:52	6:57	14	21:18	137	23:12	42.20	4:48:17	6:49	14	1:25:31	175	3:45:00