



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Wichmann, Michael

Club: SGW 05 Berlin
Number: 416

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:51:12

Speed: 8.65 km/h
Running performance: 6:54 min/km

Rank in course/Total: 177 (of 292)

Rank in course/Men: 165 (of 267)

Best time in course: 3:13:29

Rank in category: 42(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	12.50	1:21:43	6:32	51	27:01	203	27:51	12.50	1:21:43	6:32	14	6:44	163	13:28
Lap 2	10.55	1:14:25	7:03	52	24:49	208	26:39	23.05	2:36:08	6:46	14	10:20	169	24:30
Lap 3	10.55	1:16:23	7:14	38	20:33	149	28:04	33.60	3:52:31	6:55	14	6:52	158	1:19:34
Last lap Finish	8.60	58:41	6:49	34	18:02	126	22:01	42.20	4:51:12	6:54	46	3:47:55	181	3:47:55