



8. Unter-Tage-Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

**Wolf, Daniel**

Club: Großenhain  
 Number: 428

Course: 42.20 km  
 Marathon

Category:  
 Männer M35

Total time: 4:51:49

Speed: 8.64 km/h  
 Running performance: 6:55 min/km

Rank in course/Total: 181 (of 292)

Rank in course/Men: 169 (of 267)

Best time in course: 3:13:29

Rank in category: 34(of 50)

Best time in the category: 3:22:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:12:17	5:46	18	15:27	87	18:25	12.50	1:12:17	5:46	10		167	4:02
Lap 2	10.55	1:04:09	6:04	20	14:51	89	16:23	23.05	2:16:26	5:55	11		173	4:48
Lap 3	10.55	1:19:01	7:29	33	25:37	171	30:42	33.60	3:35:27	6:24	12		161	1:02:30
Last lap Finish	8.60	1:16:22	8:52	45	34:46	238	39:42	42.20	4:51:49	6:54	36	1:29:43	185	3:48:32