



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Stell, Werner

Club: B/S/H/ Muenchen
Number: 376

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:52:24

Speed: 8.62 km/h
Running performance: 6:56 min/km

Rank in course/Total: 182 (of 292)

Rank in course/Men: 170 (of 267)

Best time in course: 3:13:29

Rank in category: 36(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Lap 1	12.50	1:16:21	6:06	24	16:56	136	22:29	12.50	1:16:21	6:06	10		160	8:06
Lap 2	10.55	1:07:51	6:25	27	12:51	134	20:05	23.05	2:24:12	6:15	12		174	12:34
Lap 3	10.55	1:23:05	7:52	41	34:46	196	34:46	33.60	3:47:17	6:45	12		162	1:14:20
Last lap Finish	8.60	1:05:07	7:34	39	22:27	177	28:27	42.20	4:52:24	6:55	40	1:41:23	186	3:49:07