



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Weiß, Christian

Club: Triathlonfreunde Wittenberg
Number: 411

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:58:35

Speed: 8.44 km/h
Running performance: 7:05 min/km

Rank in course/Total: 196 (of 292)

Rank in course/Men: 184 (of 267)

Best time in course: 3:13:29

Rank in category: 23(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:15:07	6:00	21	18:17	120	21:15	12.50	1:15:07	6:00	8	3:18	74	6:52
Lap 2	10.55	1:10:38	6:41	23	19:09	169	22:52	23.05	2:25:45	6:19	8	6:13	189	14:07
Lap 3	10.55	1:22:56	7:51	23	27:42	195	34:37	33.60	3:48:41	6:48	7	15:19	171	1:15:44
Last lap Finish	8.60	1:09:54	8:07	25	33:14	206	33:14	42.20	4:58:35	7:04	25	1:31:14	201	3:55:18