



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Weiß, Christian**

Club: Triathlonfreunde Wittenberg  
Number: 411

Course: 42.20 km  
Marathon

Category:  
Männer M20

Total time: 4:58:35

Speed: 8.44 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 196 (of 292)

Rank in course/Men: 184 (of 267)

Best time in course: 3:13:29

Rank in category: 23(of 31)

Best time in the category: 3:32:55

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Lap 1           | 12.50       | 1:15:07       | 6:00            | 21          | 18:17          | 120        | 21:15         | 12.50       | 1:15:07       | 6:00            | 8           | 3:18           | 74         | 6:52          |
| Lap 2           | 10.55       | 1:10:38       | 6:41            | 23          | 19:09          | 169        | 22:52         | 23.05       | 2:25:45       | 6:19            | 8           | 6:13           | 189        | 14:07         |
| Lap 3           | 10.55       | 1:22:56       | 7:51            | 23          | 27:42          | 195        | 34:37         | 33.60       | 3:48:41       | 6:48            | 7           | 15:19          | 171        | 1:15:44       |
| Last lap Finish | 8.60        | 1:09:54       | 8:07            | 25          | 33:14          | 206        | 33:14         | 42.20       | 4:58:35       | 7:04            | 25          | 1:31:14        | 201        | 3:55:18       |