



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Bergau, Dénes

Club: Berlin
Number: 24

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:59:41

Speed: 8.41 km/h
Running performance: 7:06 min/km

Rank in course/Total: 199 (of 292)

Rank in course/Men: 187 (of 267)

Best time in course: 3:13:29

Rank in category: 24(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:19:40	6:22	26	22:50	178	25:48	12.50	1:19:40	6:22	7	7:51	186	11:25
Lap 2	10.55	1:10:09	6:38	22	18:40	164	22:23	23.05	2:29:49	6:29	7	10:17	192	18:11
Lap 3	10.55	1:23:16	7:53	24	28:02	198	34:57	33.60	3:53:05	6:56	6	19:43	173	1:20:08
Last lap Finish	8.60	1:06:36	7:44	22	29:56	193	29:56	42.20	4:59:41	7:06	26	1:32:20	204	3:56:24