



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Schmalfuß, Olaf

Club: TB Johannis 1888
 Number: 315

Course: 42.20 km
 Marathon

Category:
 Männer M50

Total time: 5:02:33

Speed: 8.33 km/h
 Running performance: 7:10 min/km

Rank in course/Total: 205 (of 292)

Rank in course/Men: 193 (of 267)

Best time in course: 3:13:29

Rank in category: 17(of 26)

Best time in the category: 3:26:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:25:03	6:48	21	24:37	228	31:11	12.50	1:25:03	6:48	10	8:43	192	16:48
Lap 2	10.55	1:16:19	7:14	20	24:59	223	28:33	23.05	2:41:22	7:00	10	11:46	198	29:44
Lap 3	10.55	1:18:49	7:28	14	25:07	168	30:30	33.60	4:00:11	7:08	9	11:46	177	1:27:14
Last lap Finish	8.60	1:02:22	7:15	15	23:48	154	25:42	42.20	5:02:33	7:10	18	1:39:47	210	3:59:16