



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Jäger, Nicole

Club: 100 Marathon Club
Number: 146

Course: 42.20 km
Marathon

Category:
Frauen W35

Total time: 5:04:42

Speed: 8.27 km/h
Running performance: 7:13 min/km

Rank in course/Total: 209 (of 292)

Rank in course/Women: 13 (of 25)

Best time in course: 4:02:42

Rank in category: 3(of 3)

Best time in the category: 4:43:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	12.50	1:24:14	6:44	3	6:58	15	16:05	12.50	1:24:14	6:44	3	6:58	1	-
Lap 2	10.55	1:17:05	7:18	3	9:33	14	17:17	23.05	2:41:19	6:59	3	16:31	10	26:05
Lap 3	10.55	1:22:02	7:46	3	6:12	14	18:08	33.60	4:03:21	7:14	3	21:59	1	-
Last lap Finish	8.60	1:01:21	7:08	2	3:52	12	12:17	42.20	5:04:42	7:13	3	20:56	13	1:02:00