



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kiefer, Joachim

Club: Aspach
 Number: 163

Course: 21.10 km
 Halbmarathon

Category:
 Männer M50

Total time: 2:20:29

Speed: 8.97 km/h
 Running performance: 6:40 min/km

Rank in course/Total: 27 (of 61)

Rank in course/Men: 27 (of 50)

Best time in course: 1:46:02

Rank in category: 6(of 10)

Best time in the category: 1:59:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:22:34	6:36	5	11:32	29	18:24	12.50	1:22:34	6:36	6	11:32	2	
Last lap Finish	8.60	57:55	6:44	6	9:38	25	16:03	21.10	2:20:29	6:39	6	21:09	27	34:27