



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

Rueß, André

Club: LT Bernd Hübner  
Number: 298

Course: 42.20 km  
Marathon

Category:  
Männer M50

Total time: 5:13:45

Speed: 8.03 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 221 (of 292)

Rank in course/Men: 207 (of 267)

Best time in course: 3:13:29

Rank in category: 20(of 26)

Best time in the category: 3:26:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:20:36	6:26	15	20:10	187	26:44	12.50	1:20:36	6:26	7	4:16	206	12:21
Lap 2	10.55	1:10:52	6:43	15	19:32	173	23:06	23.05	2:31:28	6:34	7	1:52	212	19:50
Lap 3	10.55	1:31:10	8:38	24	37:28	236	42:51	33.60	4:02:38	7:13	25	14:13	246	1:29:41
Last lap Finish	8.60	1:11:07	8:16	21	32:33	211	34:27	42.20	5:13:45	7:26	21	1:50:59	224	4:10:28