



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Zabel, Dirk

Club: TCM

Number: 431

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:46:02

Speed: 11.88 km/h

Running performance: 5:02 min/km

Rank in course/Total: 1 (of 61)

Rank in course/Men: 1 (of 50)

Best time in course: 1:46:02

Rank in category: 1(of 12)

Best time in the category: 1:46:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:04:10	5:08	1	-	1	-	12.50	1:04:10	5:08	1	-	49	
Last lap Finish	8.60	41:52	4:52	1	-	1	-	21.10	1:46:02	5:01	1	-	1	-