



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Harnisch, Wolfgang

Club: Mellensee

Number: 114

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 2:21:08

Speed: 8.93 km/h

Running performance: 6:41 min/km

Rank in course/Total: 28 (of 61)

Rank in course/Men: 28 (of 50)

Best time in course: 1:46:02

Rank in category: 1(of 1)

Best time in the category: 2:21:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:23:20	6:39	1	-	31	19:10	12.50	1:23:20	6:39	1	-	3	
Last lap Finish	8.60	57:48	6:43	1	-	24	15:56	21.10	2:21:08	6:41	1	-	28	35:06