



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Jannasch-Fleischer, Bianka

Club: Laufftreff Nauen-Falkensee
Number: 316

Course: 42.20 km
Marathon

Category:
Frauen W50

Total time: 5:15:55

Speed: 7.98 km/h
Running performance: 7:29 min/km

Rank in course/Total: 225 (of 292)

Rank in course/Women: 16 (of 25)

Best time in course: 4:02:42

Rank in category: 2(of 6)

Best time in the category: 4:41:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women						Pos Women	Behind Women
Lap 1	12.50	1:25:16	6:49	3	7:25	16	17:07	12.50	1:25:16	6:49	2	7:25	11	1:02
Lap 2	10.55	1:16:51	7:17	2	6:41	13	17:03	23.05	2:42:07	7:01	2	14:06	7	26:53
Lap 3	10.55	1:25:59	8:09	2	10:09	18	22:05	33.60	4:08:06	7:23	2	24:15	10	4:45
Last lap Finish	8.60	1:07:49	7:53	3	10:14	19	18:45	42.20	5:15:55	7:29	2	34:29	16	1:13:13