



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Otys, Robert

Club: GutsMuths RSLV
Number: 246

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 5:16:22

Speed: 7.97 km/h
Running performance: 7:30 min/km

Rank in course/Total: 228 (of 292)

Rank in course/Men: 211 (of 267)

Best time in course: 3:13:29

Rank in category: 20(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:26:03	6:53	24	27:30	234	32:11	12.50	1:26:03	6:53	4	13:59	210	17:48
Lap 2	10.55	1:14:28	7:03	23	23:07	209	26:42	23.05	2:40:31	6:57	4	23:53	216	28:53
Lap 3	10.55	1:19:42	7:33	19	23:33	178	31:23	33.60	4:00:13	7:08	3	30:45	187	1:27:16
Last lap Finish	8.60	1:16:09	8:51	23	31:00	237	39:29	42.20	5:16:22	7:29	22	2:11:51	228	4:13:05