



8. Unter-Tage-Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Häußer, Andreas

Club: WF Großaitingen  
 Number: 120

Course: 42.20 km  
 Marathon

Category:  
 Männer M35

Total time: 5:18:24

Speed: 7.91 km/h  
 Running performance: 7:33 min/km

Rank in course/Total: 230 (of 292)

Rank in course/Men: 213 (of 267)

Best time in course: 3:13:29

Rank in category: 44(of 50)

Best time in the category: 3:22:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:24:46	6:46	47	27:56	226	30:54	12.50	1:24:46	6:46	21	3:51	174	16:31
Lap 2	10.55	1:13:23	6:57	42	24:05	199	25:37	23.05	2:38:09	6:51	22	6:33	218	26:31
Lap 3	10.55	1:24:58	8:03	39	31:34	202	36:39	33.60	4:03:07	7:14	20	11:35	189	1:30:10
Last lap Finish	8.60	1:15:17	8:45	44	33:41	233	38:37	42.20	5:18:24	7:32	47	1:56:18	230	4:15:07